## Exploring the Wonder of Nature!





VIRGINIA INFANT & TODDLER SPECIALIST N E T W O R K "Achieving Excellence in Early Care"

### Introduction

- Presenters
- Pre-Training
  Knowledge Measure
- Back Home Plan



## Learning Objectives

- Describe how exploring nature with infants and toddlers can enhance learning and development
- Identify strategies for infusing nature and science into daily routines, activities, and play
- Create and facilitate nature exploration opportunities for infants and toddlers

## Nature is.....

All living and non-living things that were not created by man



## **Benefits for Children**

Infants and toddlers benefit from spending time outdoors in nature



## Introducing Children to Nature

- Daily experience in a natural outdoor setting is not always an option
- Indoor nature-rich environments can help children connect to and learn from nature



## The Value of Nature

- Improves awareness, reasoning, and observational skills
- Facilitates the development of new language and literacy skills
- Inspires wonder and discovery
- Enhances learning of math and science concepts



Virginia's Milestones of Child Development

#### <u>http://www.dss.virginia.gov/family/</u> <u>cc/professionalsresources.cgi</u>



## Scientific Knowledge 18 months to 36 months

### **Indicators of Learning:**

- Observe and describe characteristics of living things, the weather, and the outdoor environment
- Use senses to observe and explore materials and natural phenomena

#### **Examples:**

- Identify or attempt to name earth's materials (e.g., water, rocks, dirt, leaves).
- Look at flowers and point out details (e.g., the petals and stem).

## Math: Data Collection & Analysis 18 months to 36 months

#### **Indicators of Learning:**

- Begin to explore physical properties of objects and identify their use
- Recognize objects as the same and different

#### **Examples:**

- Explore common substances such as twigs, dirt, water
- Collect items that have common characteristics (e.g., shells, rocks, leaves)

# Facilitating Learning and Development

- Provide intentional opportunities for exploration and learning
- Connect aspects of activities to children's lives, experiences, learning



# Facilitating Learning and Development

- Facilitate thinking skills through problem-solving, questioning, and predicting
- Encourage active involvement in activities and routines



## Nature Rich Classrooms

- Living things: bugs, butterflies, fish, birds, plants, animals, pets
- Books: home-made photo books, realistic nature content and pictures
- Toys: puzzles with nature content; plastic fruits and vegetables; hand puppets; sensory tables with dirt, grass, water
- Materials: magnifying lenses; clear containers of grass or mulch; bird nests; large, smooth rocks; flowers; pine cones

Nature Activities – Considerations

- Safety issues
- Age and development appropriateness
- Children's comfort level



## **Creating Nature Activities**

Purpose:

Materials:

Activity/Experience:

Questions to ask:

Vocabulary words:



## **Creating Nature Activities**

- Divide into five groups
  - Growing Things
  - Seasons
  - Rocks and Shells
  - On the Farm
  - Birds, Nests, Eggs



- Introduce yourself to one another
- Choose a recorder and reporter
- Work in your small group for 15 minutes

## Summary



### Resources

- www.natureexplore.org
- <u>http://www.dss.virginia.gov/family/cc/profe</u> <u>ssionalsresources.cgi</u>
- www.nwf.org
- <u>http://www.pbs.org/parents/exploringscien</u>
  <u>ce/backyard\_or\_park.html</u>
- www.childrenandnature.org/news/center
- <u>http://www.naeyc.org/files/yc/file/200801/B</u>
  <u>TJNatureMcHenry.pdf</u>

## Conclusion

- Back Home Plan
- Post-Training Knowledge
  Measure
- Evaluation

## **THANK YOU!**

## For more information, contact us at: www.va-itsnetwork.org



#### This training was developed by the Virginia Infant & Toddler Specialist Network, a project of Child Development Resources.

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